

2024

VALWOOD - SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
	No School	Beef & Cheese Burrito Yellow rice Churo/ Black Bean Nacho & Cheese Mini Chicken Taco Corn Dogs	Cheese Pizza Pep. Pizza Corn Cheese Sticks French Fries Chicken Sandwich	Meatballs w/Gravy Sweet Peas Green Beans French Fries Hot Ham & Cheese/ Pizza	Fried Chicken Mac & Cheese Cabbage Rice French Fries Fish sticks/Grilled	
8	9	10	11	12	13	14
	Bbq Chicken Mash Potatoes Sweet Peas Garlic Bread Tator Tots Pzza Rolls/	Chicken Parmasen Butter Noodles Green Beans Breadstck French Fries Meatball Sub	Baked Spaghetti Corn Cheese Sticks Breadstck French Fries Pizza	Sweet & sour Chicken Fried Rice French Fries Egg Rolls Chicken sandwich	Fried Fish Baked Beans Grits Tater tots Pulled Pork	
15	16	17	18	19	20	21
	BBQ Riblet Corn on the cobb Sweet Peas Steamed Rice French Fries Corn Dogs	Hamburger Steak w/gravy Steamed Rice Broccoli French fries	Breakfast Day Bacon/Sausage Chicken Grits/Eggs Waffles	Lasagna Corn Sweet peas Yeast Rolls/Fries Chicken Tenders	Fried Chicken Mac and Cheese Greens French Fries Yeast Rolls Grilled Ham & Cheese	
22	23	24	25	26	27	28
	Chicken Bacon Ranch Casserole Broccoli Corn Tater tots Cheeseburger	Beef & Cheese Burrito Yellow rice Churo/ Black Bean Nacho & Cheese Mini Chicken Taco Corn Dogs	Cheese Pizza Corn on the cobb Side Salad French Fries Fish sticks	Honey Glazed Ham Mac and Cheese Rice/Field Peas Garlic Knots French Fries	Pulled Pork French fries Baked beans Green beans Breadsticks Chicken nuggets	
29	30					
	Tater Tot casserole Italian Green beans Cali. Blend Garlic Knots French Fries Chicken Quesdillas	Baked Ziti Corn Sweet peas Tater tots Breadsticks Hamburger	Breakfast Day Bacon/ Sausage Chicken Grits/Eggs Muffins	Country Fried Steak Mash Potatoes Cali Blend French Fries Garlic knots Hot dogs	BBQ chicken Scalloped potatoes Corn Yeast rolls French Fries Chicken nuggets	

Daily Options: Fresh Salads, Sub Sandwiches, Fresh Fruit, and desserts.